

The Southern California Orthopedic Institute and The Sports Clinic Present

# ORTHOPEDIC SURGERY CONTROVERSIES

## NAPA 2010

# SHOULDER AND HIP ARTHROSCOPY

October 14-16, 2010 • Silverado Resort • Napa, CA  
Industry Hands-On Product Workshops

### Hip Arthroscopy

**Carlos Guanche, M.D.**  
*Van Nuys, California*

**Victor Ilizaliturri, Jr., M.D.**  
*Mexico City, Mexico*

**Christopher Larson, M.D.**  
*Eden Prairie, Minnesota*

**Aaron Bare, M.D.**  
*Warrenville, Illinois*

### Shoulder Surgery

LIVE

Revision Shoulder Arthroplasty  
**Sumant "Butch" Krishnan, M.D.**  
*Dallas, Texas*

### Orthobiologics Symposium

PRP and Surgery  
Symposium

Chairmen:

**Wesley M. Nottage, M.D.**  
**Mark H. Getelman, M.D.**

Hip Chairman:

**Carlos Guanche, M.D.**

Course Faculty:

**Aaron Bare, M.D.**

**Don Buford, M.D.**

**Joseph Burns, M.D.**

**Brian J. Cole, M.D.**

**James C. Esch, M.D.**

**Victor Ilizaliturri, Jr., M.D.**

**Ronald Karzel, M.D.**

**W. Benjamin Kibler, M.D.**

**Sumant "Butch" Krishnan, M.D.**

**Laurent Lafosse, M.D.**

**Christopher Larson, M.D.**

**William N. Levine, M.D.**

**Allan Mishra, M.D.**

**Craig D. Morgan, M.D.**

**Thomas Norris, M.D.**

**Felix "Buddy" Savoie, M.D.**

**Stephen J. Snyder, M.D.**

**John Sperling, M.D.**

**Michael A. Wirth, M.D.**

**Stephen Weber, M.D.**

**Eugene Wolf, M.D.**

### Orthotalk Shoulder Ultrasound Course

Saturday, October 16

**Don Buford, M.D.**  
*Dallas, Texas*

### Instability Controversies

SLAP Lesion Controversies

Rotator Cuff Repair Options

Revision Stabilization:  
Open or Arthroscopic

### Point-Counterpoint:

Latarjet vs Remplissage  
Interval Closure

### Shoulder Rehabilitation

**W. Benjamin Kibler, M.D.**

PRELIMINARY PROGRAM

# Orthopedic Surgery Controversies 2010. A new type of course. A different course.

## Extending Our Reach. Advancing Your Outlook.

### General Information

At last, an event that challenges your thinking and lets you advance your ideas and your skills where they've never been before.

Orthopedic Surgery Controversies 2010 is designed to challenge the way you learn. Live Surgery will be mixed into case presentations, and involve the audience in a step by step Audience Response System to get a consensus as to what was and should be done for each case.



### Faculty & Format

In this unique forum, we will pose questions which may have no "correct" answers, but will stimulate valuable discussion.

In this format, our presentations will be shorter in length, with an open discussion period wherein the faculty and audience can voice their opinions and experience.

The distinguished speaking faculty has been selected for their outspoken opinions. Faculty members remain on hand in the lecture hall following each

presentation to offer their opinions and challenge the presenter.

### Video Telecasts

Refine your own surgical skills and pick up technical tips as you "see it done" by nationally known shoulder surgeons performing surgical procedures. Live feeds allow you to interact with the surgeons as they perform the procedures.

We believe that the experienced surgeon who can see the procedures being done can learn new approaches or techniques for use in their own practice.

### Industry Workshops

We will offer an option to attend product specific workshops, sponsored by industry, highlighting the technical aspects of a

given product. These sessions will be offered mid-day and are NOT CME sessions.

### Hands-On Mobile Laboratories

This year we will be offering in conjunction with the Industry Workshops, hands-on laboratories for both arthroscopy and open surgical procedures.

### Target Audience:

This activity has been planned for orthopaedic surgeons and other healthcare professionals involved in the care of patients with shoulder and hip conditions.

### Orthotalk Ultrasound Course

New this year, we will be featuring a course within the course. The *Orthotalk Shoulder Ultrasound Course* will provide a full afternoon session regarding the use of shoulder ultrasound in your practice. This session is coordinated by Don Buford, M.D. and will require separate registration.

### Statement of Purpose:

This activity is designed to update the physician regarding the different choices and newer options for management of shoulder and hip disorders.



# The ideal location for exploration and recreation

## Silverado Resort in Napa Valley

1600 Atlas Peak Road  
Napa, California 94558  
(Phone) 800-532-0500  
(Fax) 707-257-1538



We invite you to come and experience a truly elegant Napa Valley resort for yourself. Bring your family, plan a meeting or just get away from it all in the beauty of the Napa Valley. Set among the rolling hills of Napa Valley's wine country, Silverado Resort offers everything you would expect, along with all the amenities, from a first class resort. Combining exceptional service and modern facilities, Silverado offers championship golf, a unique and tranquil spa experience, fine dining and a comprehensive meeting and conference center at this world-class, romantic destination resort.

Enjoy Silverado's natural beauty with a few rounds of golf on one of our two 18-hole championship golf courses that covers 360 acres and offers numerous water features, elevation changes and routing through oaks, pines and redwood trees. The courses have been home to both the Men's PGA Tour and The Seniors Tour and are the recipients of awards from both Golf Digest and Golf Magazine. The wine country awaits with its charm and fascination, as well as bike riding and hiking activities.

We have reserved one bedroom fireplace suites at \$265 per night at the meeting rate, providing this meeting is referenced when making the reservation. After September 13, 2010 the room block will be released, and only space available rooms can be reserved at a higher rate. Please make your reservation early by calling 800-532-0500 and mention the Orthopedic Surgery Controversies course for the reduced rate.

### Course Objectives

At the conclusion of this activity participants should be able to:

- Be able to appropriately prescribe hip arthroscopy for hip disorders.
- Be able to demonstrate the need for a Latarjet or Remplissage technique for shoulder instability.
- Be able to identify the current role of PRP in orthopedic care.
- Be able to diagnose and manage glenohumeral internal rotation deficit (GIRD)

### Accreditation Statement

The Southern California Orthopedic Research & Education Center (SCORE) is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. SCORE takes responsibility for the content, quality and scientific integrity of this CME activity.

### Designation Statement

SCORE designates this educational activity for a maximum of 17.75 hours AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

*NOTE: The Industry sessions are not included in the number of approved CME accredited hours as noted on the agenda.*

This activity is in compliance with **California Assembly Bill 1195** which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. For specific information regarding Bill 1195 and definitions of cultural and linguistic competency, please visit the CME web site at [www.imq.org](http://www.imq.org).

### Disclosure Policy

It is the policy of Southern California Orthopedic Research and Education to ensure balance, independence, objectivity, and scientific rigor in all CME activities. Full disclosure will be made in writing in the activity handout materials.

### Americans with Disabilities

Southern California Orthopedic Research and Education complies with the Americans with Disabilities Act. Should you need any special assistance, please contact the course coordinator by September 1, 2010 at 336-287-9895. Every reasonable effort will be made to accommodate your needs.

### Disclaimer

The material presented in this course is provided for educational purposes, and is not intended to represent the only or necessarily best approach for a given problem, but rather intended to present an approach, opinion, and technique which may be helpful to others faced with the same problems.

We disclaim any and all liabilities of injuries

and damages arising from the use of these techniques or participation in this meeting, whether asserted by the participant or another claimant.

### Registration Fees

Registration fees allow the attendee to participate in all meeting sessions and industry sponsored workshops. Participants also receive daily continental breakfast, breaks, a welcome reception and a digital course syllabus.

An early registration fee of \$1195 is available until August 1, 2010. Registration fee after August 1 is \$1345.

Allied health participants, and Orthopaedic residents or fellows enrolled currently in a recognized training program (with letter verifying) may attend for a reduced fee of \$500. After August 1 the fee is \$650.

Please note course registration fees do not include participation in the Orthotalk Shoulder Ultrasound Course.

### Refunds and Cancellations

The course sponsor retains the right to cancel this meeting on or before September 1, 2010 and return all funds paid by registrants for the meeting. No liability is assumed for other funds paid by subscribers in conjunction with this meeting. A service charge of \$100 will be withheld from cancellations granted at a participant's request, providing a written request is received by September 1, 2010. No refunds will be issued after September 1, 2010.

# 2010 Meeting Program

## Thursday October 14 • Silverado Resort

### HIP ARTHROSCOPY SESSION

Panel: Carlos Guanche, M.D. and Víctor Ilizaliturri, M.D.

6:00-7:00	Registration - Continental Breakfast	
7:00-7:20	Examination and Findings in Hip Scope Candidates	Victor Ilizaliturri, M.D.
7:20-7:40	Hip Setup, Portals, Positioning (Model)	Aaron Bare, M.D.
7:40-8:00	Arthroscopic Exposure: Tips and Techniques	Carlos Guanche, M.D.
8:00-8:20	Labral Debridement and Repair Techniques	Victor Ilizaliturri, M.D.
8:20-8:40	FAI: Pincer Management	Christopher Larson, M.D.
8:40-9:00	FAI: Cam Management	Aaron Bare, M.D.
9:00-9:20	Break (Visit Exhibits)	
9:20-9:40	Peritrochanteric Space Visualization and Repair	Victor Ilizaliturri, M.D.
9:40-10:00	FAI Results: Do we change OA history?	Christopher Larson, M.D.
10:00-10:20	Labral Surgery Results: Do results endure?	Carlos Guanche, M.D.
10:20-10:40	Case Presentations: Complications, Poor Results, Problems	Panel
10:40-11:00	Audience Response Case Presentations	Carlos Guanche, M.D., Víctor Ilizaliturri, M.D.
11:00-11:20	Snapping Hip	Christopher Larson, M.D.
11:20-11:40	Office Ultrasound of the Hip	Carlos Guanche, M.D.
11:40-12:00	Panel Discussion: Audience Questions	Panel

### SHOULDER SESSION ONE: ORTHOBIOLOGICS IN 2010

Panel: Brian Cole, M.D., MBA and Stephen Snyder, M.D.

3:00-3:30	Refreshments (Visit Exhibits)	
3:30-3:45	Orthobiologics: What you need to know	Brian Cole, M.D.
3:45-4:00	PRP Augmenting Healing: Basic Science	Allan Mishra, M.D.
4:00-4:15	PRP and Cuff Repair: Does it Matter	Stephen Weber, M.D.
4:15-4:30	PRP and Tendinopathy: Clinical Uses	Allan Mishra, M.D.
4:30-4:45	Biologic Scaffolding for Cuff Repair: Clinical Experience	Stephen Snyder, M.D.
4:45-5:15	Discussion: PRP and Orthobiologics	Brian Cole, M.D., Stephen Weber, M.D., Stephen Snyder, M.D.
5:15-5:30	Three Part Shoulder Fractures: ORIF Avoiding Problems	William Levine, M.D.
5:30-5:45	Hemiarthroplasty: Technique to Avoid Complications	Tom Norris, M.D.
5:45-6:00	Discussion Session: Questions and Answers Pro Con	Tom Norris, M.D., William Levine, M.D., Stephen Weber, M.D.
6:30-8:00	Reception Exhibit Hall	

# 2010 Meeting Program

## Friday October 15 • Silverado Resort

### SHOULDER SESSION TWO

Panel: William Levine, M.D. and Tom Norris, M.D.

6:00-7:00	Continental Breakfast (Exhibits Registration)	
7:00-7:45	Live Surgery: Revision TSA	Sumant "Butch" Krishnan, M.D.
7:45-8:00	Chondrolysis in the Young Patient: Management	Stephen Weber, M.D.
8:00-8:15	Glenohumeral Joint Chondral Defect Management	Brian Cole, M.D.
8:15-8:30	Glenohumeral Resurfacing Arthroscopically	Buddy Savoie, M.D.
8:30-8:45	Resurfacing: LM Allograft and HHA Poor Results	Tom Norris, M.D.
8:45-9:00	TSA in Young Individuals: Higher Failure Rate	John Sperling, M.D.
9:00-9:15	Management of Non Unions Proximal Humeral Fractures	William Levine, M.D.
9:15-9:30	Discussion: ARS Cases	Stephen Weber, M.D., Buddy Savoie, M.D., Brian Cole, M.D.
9:30-10:00	Break (Visit Exhibits)	

### SHOULDER SESSION THREE

Panel: Michael Wirth, M.D. and John Sperling, M.D.

10:00-10:15	RSA Technique and Current Indications	Michael Wirth, M.D.
10:15-10:30	Management of Complications of RSA	Carlos Guanche, M.D.
10:30-10:45	Rotator Cuff Arthropathy: Hemi or RSA	Michael Wirth, M.D.
10:45-11:00	Evaluation and Management of the Painful Prosthesis	John Sperling, M.D.
11:00-11:15	Discussion Session: ARS Prosthetic Problem Cases	Michael Wirth, M.D., Carlos Guanche, M.D., John Sperling, M.D.
11:15-11:30	<b>Point-Counterpoint:</b> Rotator Interval and Instability: Close it	Buddy Savoie, M.D.
11:30-11:45	Rotator Interval and Instability: Leave it Alone	Joe Burns, M.D.
11:45-12:00	Arthroscopic Suprascapular Nerve Decompression Revision RCR	Buddy Savoie, M.D.
12:00-12:15	Discussion: Revision RC Repair: Clinical Cases ARS	Stephen Snyder, M.D., Brian Cole, M.D., Stephen Weber, M.D.
12:15-12:30	Ultrasound in the Shoulder: Clinical Applications	Don Buford, M.D.
12:30-12:50	Shoulder Rehabilitation Guidelines: Cuff and Instability	W. Benjamin Kibler, M.D.
2:00	Depuy Mitek Industry Session & Mobile Labs (Tornier, Smith & Nephew)	

# 2010 Meeting Program

## Saturday October 16 • Silverado Resort

### SHOULDER SESSION FOUR

Panel: Stephen Snyder, M.D. and Craig Morgan, M.D.

6:00-7:00	Continental Breakfast (Visit Exhibits)	
7:00-7:15	Shoulder Evaluation: What works in Experienced Hands	W. Benjamin Kibler, M.D.
7:15-7:30	<b>SLAP SYMPOSIUM:</b> What is a symptomatic labral tear?	Stephen Snyder, M.D.
7:30-7:45	What aspects of history and exam are important? Are all SLAPs the same?	W. Benjamin Kibler, M.D.
7:45-8:00	What are you fixing, where to put anchors, end point, sutures used	Craig Morgan, M.D.
8:00-8:15	Biceps Tenodesis: How, Where, Does it Matter	Stephen Weber, M.D.
8:15-8:30	GIRD and the Overhand Athlete	Craig Morgan, M.D.
8:30-8:45	Shoulder Stiffness: How Common is it?	Eugene Wolf, M.D.
8:45-9:00	Partial Thickness RCT's-What to do	Steve Weber, M.D.
9:00-9:15	Discussion Superior Labrum	Stephen Snyder, M.D., Craig Morgan, M.D., Ben Kibler, M.D.
9:15-9:30	Arthroscopic Subscapularis Repair Technique	James C. Esch, M.D.
9:30-10:00	Break (Visit Exhibits)	
10:15-10:30	Anterior Instability-Tips and Pearls for Success	Ron Karzel, M.D.
10:30-10:45	Posterior Instability-Is it just a Reverse Bankart	Mark Getelman, M.D.
10:45-11:00	<b>Point-Counterpoint:</b> Shoulder Bone Loss Management: Pro Latarjet Re-Live	Laurent Lafosse, M.D.
11:00-11:15	Shoulder Bone Loss Management: Pro Remplissage	Eugene Wolf, M.D.
11:15-11:30	Discussion: When to Remplissage, When to Graft	Craig Morgan, M.D., Eugene Wolf, M.D., Laurent Lafosse, M.D.
11:30-11:45	Arthroscopic Stabilization Clinical Cases: ARS	Mark Getelman, M.D.
11:45-12:00	Revision Stabilization: Open is Best	Michael Wirth, M.D.
12:00-12:15	Revision Stabilization: Arthroscopic is Best	Eugene Wolf, M.D.
12:15-12:30	Arthroscopic Rotator Cuff Repair: SR, DR, TOE	Brian Cole, M.D.
12:30-12:45	Arthroscopic Rotator Cuff Repair: SR Results Long Term >10 YR	Wesley M. Nottage, M.D.
12:45-1:00	Arthroscopic Revision RC Repair: Indications, Results	James C. Esch, M.D.
1:30 PM	ORTHOTALK ULTRASOUND COURSE (SEPARATE REGISTRATION)	

**The following companies have provided educational grants or support for this activity:**

**Depuy Mitek**

**Smith and Nephew**

**Tornier, Inc**

**Magnetic Imaging Medical**

\*as of April 5, 2010

#### LAB SUPPORT FACULTY

Douglas Abbott, M.D. Santa Rosa, CA	Robert SP Fan, M.D. Salem, OR	Christopher Hamilton, M.D. Bakersfield, CA	Luis Marrero, M.D. Orlando, FL	David Novak, M.D. Fairfax, VA	Otto Schueckler, M.D. San Luis Obispo, CA
Stephen Abelow, M.D. South Lake Tahoe, CA	Richard Ferkel, M.D. Van Nuys, CA	Jaideep Iyengar, M.D. Vancouver, WA	John Mehalik, M.D. Fort Myers, FL	Mark Pinto, M.D. Chelsea, MI	Erik Severud, M.D. Hutchinson, KS
Michael Bahk, M.D. Simi Valley, CA	James Ferrier, M.D. Kahului, HI	Jeremy Johnson, M.D. Hickory, NC	Timothy Mologne, M.D. Appleton, WI	Sean Porat, M.D. Laguna Hills, CA	Russell Striff, M.D. Sayre, PA
Ryan Dopirak, M.D. Manitowoc, WI	Jon Fow, M.D. Avila Beach, CA	R. Scott Jolson, M.D. Cincinnati, OH	Daniel Moynihan, M.D. Brooksville, FL	Charles Ruotolo, M.D. East Meadow, NY	David Tonnies, M.D. Hermitage, PA
Roger Dunteman, M.D. Coeur d'Alene, ID	Mark Ganjianpour, M.D. Beverly Hills, CA	Robert Lieurance, M.D. Joplin, MO	Kyle Nelman, M.D. Laguna Hills, CA	Mark Schamblin, MD Bakersfield, CA	Todd Tucker, M.D. Tucson, AZ

# REGISTRATION FORM

## ORTHOPEDIC SURGERY CONTROVERSIES 2010

ONLINE REGISTRATION IS AVAILABLE AT [WWW.ORTHOPEDICSURGERYCONTROVERSIES.COM](http://WWW.ORTHOPEDICSURGERYCONTROVERSIES.COM)

*Please Print Clearly*

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

TELEPHONE: (     ) \_\_\_\_\_ FAX: (     ) \_\_\_\_\_

EMAIL: \_\_\_\_\_

Medical License# (Mandatory) \_\_\_\_\_

### **COURSE REGISTRATION FEE:**

\_\_\_\_ EARLY BIRD REGISTRATION FEE \$1195 (Before August 1)

\_\_\_\_ REGISTRATION FEE \$1345

\_\_\_\_ EARLY BIRD ALLIED HEALTH FEE \$500 (Before August 1)

\_\_\_\_ ALLIED HEALTH FEE \$650

Orthotalk Ultrasound Course requires separate registration/payment and is available online via [www.shouldersono.com](http://www.shouldersono.com)

SIGNATURE (Participant): \_\_\_\_\_

**TOTAL FEES:** \_\_\_\_\_

CREDIT CARD NUMBER: \_\_\_\_\_ EXPIRATION: \_\_\_\_\_

CARD COMPANY:  VISA  MASTERCARD  AMERICAN EXPRESS

CARDHOLDER NAME: \_\_\_\_\_

SIGNATURE AUTHORIZING PURCHASE: \_\_\_\_\_

### **Please return registration forms to:**

**Paige Ballus**

OSC 2010

980 Ridge Gate Drive

Lewisville, NC 27023

336-287-9895

336-766-0318 fax

[pballus@triad.rr.com](mailto:pballus@triad.rr.com)

### **If paying by check, please make payable and return to:**

**Orthopedic Surgery Controversies 2010**

PO Box 571064

Tarzana, CA 91357

(please include a copy of your registration form with the payment)

**October 14-16, 2010**  
**Silverado Resort**



[www.OrthopedicSurgeryControversies.com](http://www.OrthopedicSurgeryControversies.com)

### **Course Chairmen**

Wesley M. Nottage, M.D.  
The Sports Clinic Orthopaedic  
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(949) 581-7001

Mark H. Getelman, M.D.  
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### **Course Coordinator**

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